



[www.familysupportctc.org](http://www.familysupportctc.org)

### FSC/TC NEWSFLASH – MAY 2011

The Family Support Council will meet on **Friday, May 13 at 11:30 AM** at Resource Connection Welcome Center Boardroom, 1100 Circle Drive, Fort Worth, TX 76119. To RSVP for lunch, contact Dan Gadbury at 817-569-4045 or [dan.gadbury@mhmrtc.org](mailto:dan.gadbury@mhmrtc.org) by Wednesday, May 11<sup>th</sup>.

**A GREAT BIG THANKS!** Goes out to all the Sponsors, Volunteers, Workshops presenters and Steering committee for making the 2011 Transition and Disability Resource Expo on April 2 a success.

**SAVE THE DATE!** The FSC-TC Fall 2011 Expo, at Grapevine-Colleyville High School will be on Tuesday, October 4<sup>th</sup>, 4-7PM. Watch for more details.

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# Happy Mother's Day!

**Sunday, May 8<sup>th</sup>**

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The next meeting of **The Intellectual and Developmental Needs Council of Tarrant County** will be on **Thursday, May 5** from 8:30 AM to 10:00 AM at Easter Seals, 1424 Hemphill St., Ft. Worth, TX. For more information on the IDD Needs Council, call Beth Cain (817/877-1474) or email [beth.cain@iddcounciltc.org](mailto:beth.cain@iddcounciltc.org)



**Do you have questions about group homes?** Have you been thinking about the future of your loved ones and have more questions than answers? MHMR of Tarrant County is hosting a Question and Answer session on **Wednesday, May 25, 2011** at the Resource Connection Gymnasium: 2300 Circle Drive from 5 p.m.-6:30 p.m. There will be a panel of ICF/MR group home providers available to answer questions and give insight into their programs. In addition, parents will be available to talk about their personal experiences and how they have handled the fear and uncertainty of such a big decision. There will also be individuals in attendance who currently live in group homes. Please come out to hear their stories of success as they made this important transition in life. **Please mark your calendars and plan on visiting with us on May 25, 2011 from 5:00-6:30.** Feel free to call Pamela Brown-Smith if you have any questions about this event at: 817-569-5601.



## Cinco DeMayo Job Fair - May 5, 2011 10 AM-2PM- Participating Employers:

Adecco, Advance'd Temporaries, Aero Tek Arial, ATI Enterprises, Bell Helicopter, C1 Truck Driving, Carlton Staffing, Carter Blood Care, Charter Communications, Clayton YES, CoWorx, Educational Opportunity Center, Fed Ex, Foremost Staffing, Gaylord Texan Hotel, Gonzales Labor System, Home Depot, Home Instead Senior Care, Liberman Broadcasting, Lone Star, Lowe's, LSG Sky Chef, My Computer Career, Omni Hotel, Fort Worth Pacesetter, Paramount Staffing, Pizza Hut, QDS Driver Solutions, RaceTrac, Select Staffing, Smith Personal Speedy Cash, Staffmark, Smyth Alarms, Tarrant County Community College, Tarrant County Sheriff's Department, Touchtone /wireless, TTI, Inc., Tx. Army National Guard, US Postal Service, Walmart - #940 Wells Fargo Call Center, **Free transportation** Provided by the T with this job fair flyer. For more information call 817-804-2656 or 817-804-2624. **All Saints Catholic Church, Parish Hall, 214 NW 20<sup>th</sup> Street Fort Worth, Texas 76164** Sponsored by: ATI Enterprises, LPOA and Walmart #940, All Saints Catholic Church and Northside Workforce Center. An equal opportunity employer/program. Auxiliary aids and services are available, upon request, to individuals with disabilities. (TDD/TTY) 1800-RELAYTX.



## The RISE Kickin' Off Summer Bash II will be held on May 7, 2011 from 9:00 AM – 3:00 PM at



Meadowmere Park in Grapevine, TX. Participate in all RISE programs at one location on the same day. Advocacy, Airplane Rides, Boating, Children's Camping, Adult Camping, Collaboration, Fishing, Golf, Hand Cycling, Hunting, Jet Skiing, Kayaking, Photography, Rugby, Beginner Sailing, Advanced Sailing, Tubing, Seasonal, Scuba, Swimming, Water Skiing, and much more including Face Painting, Climbing Wall, Petting Zoo, Live Music on the C & R Medical Music Stage, plus free hamburgers, hot dogs, and drinks at the Grapevine Parks Food Court. You can also visit the numerous collaborative partners and sponsor exhibits. The event and food are FREE for participants, family members, and friends! For information on Sponsor Opportunities contact Julie Saeger at [jsaeger@riseadventures.org](mailto:jsaeger@riseadventures.org) or (817) 909-3750. For Collaborative Partner booth information contact Paul Gray at [pgray@riseadventures.org](mailto:pgray@riseadventures.org) or (469) 762-5075. For Volunteer Opportunities contact Annette Brauer at [abrauer@riseadventures.org](mailto:abrauer@riseadventures.org) or (972) 978.8903.

## FREE-PARENT INFORMATION WORKSHOP - Monday, May 16<sup>th</sup>, 10-11am -

Multicultural Family Support Center, 1301 IM Terrell Circle, Ft. Worth 76102

Top 10 Basics of Special Education -Understand the basic Special Education Process -

Learn that you are a team member throughout the process -Identify important acronyms & define them. You are not alone! For more info contact Partners Resource Network,

Inc.- PATH Project, Stormy Lovett- Regional Coordinator, Reg. 9 & 11 [www.partnerstx.org](http://www.partnerstx.org) RSVP if you can- 817-770-7969 or [prnstormy@hotmail.com](mailto:prnstormy@hotmail.com).



**The Health and Human Services Commission** launched the **Medicaid Buy-in for Children** (this has been for adults only until now) program on January 1, 2011. This program can help pay medical bills for children with disabilities. It helps families who need health insurance, but make too much money to get traditional Medicaid. Families "buy in" to Medicaid by making a monthly payment (premium). To qualify, children must be under age 18, meet certain disability criteria, meet income limits, and meet other requirements. To get more information on this program, please **call 2-1-1**. When you call, pick a language and then pick option 2. If you are in MHMR services ask to speak to your Benefits Specialists, Cynthia Williams or Kim Bouldin at 817-569-4000 and they can assist you.

**Videocaregiving.org: A Groundbreaking Resource for Family Caregivers-** [www.videocaregiving.org](http://www.videocaregiving.org)



**Family Caregivers**  
Education and Resources

is the internet's only all-video website for family caregivers. The site is dedicated exclusively to offering streaming videos as a resource to help the nation's estimated 50 million family caregivers— family members, friends, even neighbors -- all of whom provide some form of unpaid, in-home continuing care for a loved one. Among the goals of the site are not only to help the caregivers better understand and deal with their situation, but also to remind—and actually SHOW—them they are neither isolated nor alone in their struggle. Read more at:

<https://app.e2ma.net/app/view:CampaignPublic/id:18978.9305140795/rid:894820e41c940f5b154c70fd50f6ce0d>



For 2011 there are a number of Tarrant County grant programs providing caregiver respite for:

- **Care of Older Adults\***
- **Care of Adults with physical disabilities\***

\*To qualify for these programs, the person must require 8+ hours of care per week and have safety needs, as well as need assistance with Activities of Daily Living, such as bathing, dressing, walking or eating.

- **Care of adults with Intellectual & Developmental Disabilities (IDD)\*\***

\*\*Adults 22-59 with income over Medicaid guidelines. Cannot be enrolled in a Medicaid Waiver Program. This program is specifically designed to give caregivers a “break” that meets their needs ~ like a weekend away, a few Saturdays out, help in providing the “to & from” for activities like Arc dances or Special Olympics. With this grant caregivers have a variety of individualized options, including being able to hire/pay family friends or relatives.

The ADRC serves as the screening door for these programs. Please call the Aging and Disability Resource Center at 1-888-730-2372 to see if you qualify for any of the respite programs currently being offered in Tarrant County.

**Area Agency on Aging Benefits Counseling Program** serves Tarrant County residents, offering in-person and telephone assistance with Medicare, Medicaid, advance directives, and options for long term services and support. Benefits counselors also give presentations to community groups regarding these topics. **Call the ADRC at 1-888-730-2372 and you will be transferred to a benefits counselor.**

**A Matter of Balance** is a falls prevention program specifically designed to reduce the fear of falling and improve activity levels among older adults. Classes are available for Tarrant County residents who are 60 and older.

**Texas Healthy Lifestyles** is a diabetes self-management program for adults age 60 and older with diabetes, at risk of diabetes, or caring for someone with diabetes.

- Tools to deal with problems such as pain, insomnia, fatigue, isolation, and frustration
- Appropriate exercise for maintaining and improving strength, flexibility and endurance
- Appropriate use of medications
- Communicating effectively with family, friends and health professionals
- Making informed treatment decisions

They also learn to set their own goals and create step-by-step plans to improve their health.

For more information and to learn about classes, call Senior Citizen Services at 817-413-4949 or the Aging & Disability Resource Center (ADRC) at 1-888-730-2372.

The **ADRC of Tarrant County** helps people who are aging or have a disability, their families and caregivers, in understanding their options and successfully connecting with the services and supports they need. **Call the ADRC of Tarrant County at 1-888-730-ADRC (2372) or visit <http://tarrantcountyadrc.org/>.**

The Arc of Greater Tarrant County – May 2011 - 1051 Haskell Street, Suite 106 Fort Worth, TX 76107 - 817-877-1474. [www.arcgctc.org](http://www.arcgctc.org). Dr. Richard Garnett, Executive Director – [richard.garnett@arcgctc.org](mailto:richard.garnett@arcgctc.org)



**OUR SPECIAL CHILDREN** - Saturday, May 14th , 2011, 9:30am till 12noon  
1051 HASKELL STREET, SUITE 106, FORT WORTH, TEXAS 76107. For more info call Deneesa Rasmussen (817) 475-1217 or [deneesar@yahoo.com](mailto:deneesar@yahoo.com) Philip Bell (817) 877-1474 [philip.bell@arcgctc.org](mailto:philip.bell@arcgctc.org)

## Dudes, Diamonds & Dancing

The Arc of Greater Tarrant County is holding its Annual Awards Dinner, Dance and silent auction on Friday, **May 13**, 2011 at Ridglea Country Club!! It's a country theme this year: **Dudes, Diamonds & Dancing!** Awards will be presented for volunteer, self-advocate and parent of the year, and the Garnett Award for Outstanding Leadership, among others. You will not want to miss it! Tickets for self-advocates are \$25 and general tickets are \$50. Following dinner and the award presentation there will be line dancing and two-step group lessons. We will also have souvenir photo opportunities for individuals and groups for \$5/each. So get your two-stepping boots ready for a barn-raisin' good time!



### Respectful Language Bill Passes House Human Services!

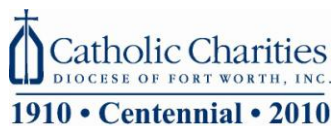
- House Bill 1481 (Respectful Language) authored by Representative Vicki Truitt passed out of the House Human Service Committee with a unanimous vote on Tuesday, March 8th
- This bill will help initiate the process of changing societal views and clarify referred language for new and revised laws by requiring the use of terminology that places the person before the disability
- United Advocates President David Swallow and self-advocate constituent in Rep. Truitt's district testified on why respectful language is important to them and in support of HB 1481!

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**Memorial Day 2011 is Monday, May 30th**

**Making it Right: Trauma and Attachment Disorders, What Really Works? Presented by Lark Eshleman Patterson, Ph.D.** [www.larkeshleman.com](http://www.larkeshleman.com) Location: Mercado Event Center, 1500 N Main St., Suite 300 Fort Worth, Texas 76164, Thursday, **May 12, 2011**, 9 am – 4 pm. Registration Fee \$50. Lunch on your own. Nursing and Social Work CEU's Available. Given the complexity of developmental disorders associated with early attachment traumas, clinicians, parents and treatment team members all need a wide range yet cohesive approach to diagnostic and treatment options. In this workshop, participants will: Become familiar with several screening and diagnostic tools to accurately assess compatible treatment options - Become familiar with the components and efficacy of the multiple intervention modalities represented in STAT™ -- Synergistic Trauma and Attachment Therapy – which will outline means and ways of interweaving treatment into a holistic treatment approach. Learn how sensory integration therapy can be interwoven into overall treatment to increase effectiveness of trauma and attachment healing Be introduced to a continuous tracking mechanism to assess treatment progress.

**Mental Health Association of Tarrant County Peer Support** program hosts fun social activities like parties, crafts, and movies. All you have to do is show up! Call to get a calendar of events by U.S. Mail. Calendars are sent out every two months. Call Lena Caballero - Phillips at 817-546-7801 for more information. MHATC is located at 3136 West 4th Street, Fort Worth, Texas 76107.



**Compassion Resource Network Resource:** The Families First program is a program designed for families who are at risk of becoming involved with Child Protective Services or for those families that wish to strengthen their parenting skills and relationships with their children. For more information, contact Debra Rockmore, Community Outreach Specialist, at [drockmore@ccdofw.org](mailto:drockmore@ccdofw.org) or 817-289-2781.

**Transit Station**

**ADA Paratransit** means the curb-to-curb transportation service that the Americans with Disabilities Act requires to operate whenever there's a fixed route bus system operating in the same city. The Tarrant County example of this is the MITS service, operating during the same times as the T bus system, and serves passengers to and from places that are within three-quarters of a mile of a bus route, although MITS goes beyond this minimum requirement and serves all of Fort Worth, Blue Mound and Richland Hills. ADA Paratransit does not deny rides to eligible riders, and typically has a thirty-minute window of time in which to pick someone up who has properly scheduled a ride from the day before.

We'll discuss this more next month. In the meantime, if you haven't done so already, please go to the links below to tell us where you need to go in Tarrant County (especially for a job, job training, etc.) but you do not have access to transportation. Go to <http://www.surveygizmo.com/s/328111/g2w-consumer-survey-english> (Spanish version is at <http://www.surveygizmo.com/s/328730/g2w-consumer-survey-spanish>). If you need help answering these questions, call Dan Gadbury at 817-569-4045.



## The Arc of Northeast Tarrant County

The Arc of NETC ▪ 1806 Haltom Road ▪ Haltom City, Texas 76117 ▪ 817-834-7700

[www.arcnetc.org](http://www.arcnetc.org)

### ASPIRE Meetup Group - Autism Spectrum - Parent Information, Resources, & Empowerment

Run by families for families of children who have an Autism Spectrum Disorder. For more information:

<http://www.meetup.com/ASPIRE-Tarrant-County/> or [www.arcnetc.org](http://www.arcnetc.org).

**RISE – Information/Support Group - Resources, Information, Support & Empowerment:** RISE was created by families for families of children who have a disability. Informational meetings are held monthly with a presenter and time set aside for networking. For more information: [www.arcnetc.org](http://www.arcnetc.org).

Hosted by The Learning Together Workshop Series, the Institute for Person-centered Practices presents...

**PERSON-CENTERED THINKING & PLAN FACILITATION**

Person-Centered Thinking May 9-10, 2011  
Plan Facilitation May 11-12, 2011  
 Both sessions held at TCU ▪ Ft. Worth  
 Registration Required.

### Applied Behavior Analysis (ABA) Services are now available at the Easter Seals North TX Fort Worth



Center. In-Clinic services include: Early Childhood Program, Family Support Training, and After-School Program/Summer Friends Group. Out-Of-Clinic services include: In-home ABA Treatment, Community Support Program, Family Support Training, Admission, Review and Review (ARD) Preparation and Attendance, Training and Workshops, and Empowering

Parents and Caregivers. The Social Skills Group/New Friends Group services include: Reinforcement of Pro-Social Behaviors, Development of Effective Communication Skills, and Development of Positive Non-verbal Communication Skills. Easter Seals North TX has managed care contracts with over 25 insurance companies in North Texas. For more info, contact Shana Wiggins, MS, BCBA, Director of Outreach/Training, ESNTX, 1424 Hemphill St., Fort Worth, TX 76104-4703, 817-759-7970 or [swiggins@ntx.easterseals.com](mailto:swiggins@ntx.easterseals.com).



In an effort to enhance the significance of the services they provide to people with disabilities, **United Cerebral Palsy (UCP)** of North Texas has changed their name to **Ability Connection Texas (ACT)**. Same address, same phone numbers, same Management and Team

Members...SAME MISSION AND SAME PASSION! Visit the new website at: <http://www.AbilityConnectionTexas.org>

If you are not receiving this newsletter through e-mail, please send us your FULL NAME as it appears on the mailing label and e-mail address to [dan.gadbury@mhmrtc.org](mailto:dan.gadbury@mhmrtc.org) with "Requesting FCS NewsFlash" in the subject line. This will help us cut our postage costs. Thanks!!!!!!!!!!!! The NEWSFLASH is brought to you by the Family Support Council & MHMRTC, MR/IDD Services. Your help in alerting us to community information is greatly appreciated. Please forward to Dan Gadbury @ [dan.gadbury@mhmrtc.org](mailto:dan.gadbury@mhmrtc.org) or call 817-569-4045 – or Kim Gilchrist at [Kimberly.Gilchrist@mhmrtc.org](mailto:Kimberly.Gilchrist@mhmrtc.org) or call 817-569-5491. If you have received this mailing and would prefer not to be on our e-mailing list, please send back a reply with REMOVE in the subject line. Para mas informacion en espanol, por favor llamar a Ruth Valdez al (817) 569-4014.